

Power of your Voice

Your job depends on your voice.

You need to make a positive impact speaking to a group or on a conference call?

You need to get your message across clearly and effectively.

But you may find it difficult to express yourself in a group situation.

Or you may experience 'vocal strain' which if not treated can lead to long term problems.

How do you avoid these issues that can impair your effectiveness?

I work with actors, singers, priests, journalists, teachers and lecturers as well as a range of corporate clients and I am aware of the challenges facing people who rely on their voice to deliver a positive and powerful message.

How do we do this?

- Develop Vocal Awareness (Written)
- Correct Breathing Techniques (Practical)
- Vocal Warm Ups (Practical)
- Breath Supported Speech Exercises (Practical)
- Vocal Anatomy (Basic introduction to speech making mechanism)
- How to avoid vocal strain (Practical Hints and Tips)
- Speech and Presentation (Practical)
- Basic Body Language (Practical)
- Projection (Practical and Written)
- Impactful Speech (Practical and Written)

How to deliver a powerful, creative speech to individuals and groups for maximum effect. (Practical and Written)

This workshop/course will elevate your power speaking skills to another level, and is ideal for:

Team Leaders
Managers
Health Professionals
Solicitors/Lawyers
CEOs

Certificate of Attendance available

If you would like to discuss this further, please contact Claudia at info@anamsound.org.

www.anamsound.org

About me:

I am a BA (Hons) graduate in English and Italian. I am also proficient in French, Dutch and German and have some knowledge of Spanish, Hebrew, Japanese and Arabic.

I also have a drama and theatre background and I have worked as a jazz vocalist.

Some of the corporate clients I have worked with are:

Morgan Stanley

BNP Paribas

ABN Amro Bank

Randstad Recruitment Agency

The BBC

The Church of England

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