

Crystal Gateway Session 1 Introduction

This course consists of three sessions (1 day per month for four hours). It aims to give you an elementary understanding of crystals and how they can be used in balance your energy levels and to effect healing for yourself and others.

It is a mixture of written and practical work, and is designed to give you a basic theoretical/experiential view of crystals. In sessions two and three, you will also be given a brief introduction of how crystals, colour, and sound can be used as healing tools.

Who is this course for?

Crystal Gateway Part 1 is beginners level understanding of crystals

Thank you very much for the crystals workshops. I have thoroughly enjoyed them and have taken a lot away from them.

Ania, Ceramics Artist

Crystal Gateway Session 2 Crystal Healing and Colour

This second session will look at how crystals and colour can be used together as a highly effective healing system.

Who is this course for?

Crystal Healing and Colour Part 2
beginners level understanding of
Crystals and Colour

The crystal gateway course is done in a very pleasant, comfortable, atmospheric space, which for me is important. It feels like it is customised to each individual's needs/wants to learn and connect with the crystals in a specific way. Everything Claudia talks about flows, and we all interact together with the scenarios, questions, etc. Very interesting, informative, and it makes you want to know more.

I would definitely recommend this series of workshops to anybody who wants to know more about crystals/colour and sound. The crystal gateway course can help people for all sorts of reasons; to enhance healing techniques; for therapists. For personal use e.g. gardening, maladies, illness, space clearing. There is an endless list of uses that learning about crystals at the gateway course has. You see more than one aspect/side to the crystals/colour and sound.

Jindra, Administration Officer

Crystal Gateway Session 3 Crystal, Sound and Colour Healing

This third part of the introductory Crystal Gateway healing Course will present a brief overview on the way that Sound, Crystals and Colour can be used to instigate and accelerate healing in the body's energy system

Who is this course for?

Crystal, Colour and Sound Healing
Part 3 beginners level understanding
of Crystals, Colour and Sound

I found the three sessions to be massively interesting. I came into them not really knowing what to expect, and to be honest, thinking it would be 'a little out there', which of course at times it seemed to be, but with the beauty of hindsight, practice and now experience proved to be spot on. I certainly didn't think the sessions would cater to my analytical mind, and actually, there was a lot of theory behind the crystals/sound/colours as well as of course, intuitive learning. This really helped me to essentially accept the practice and feel more at ease, and when talking to people who have no knowledge of the practice, gives you the opportunity to talk about it, on what they would perceive to be an intellectual level.

Chris, European Marketing Manager

Other workshops with Claudia

Rediscover your Voice

This is a hands-on, out-loud experiential course that gives you a basic knowledge in singing theory and works with you to develop your own singing style. The course also deals with speaking in public and how to overcome the blocks and issues that stop us from expressing ourselves.

Confidence and Self-Esteem – “How to get your mojo back!”

This is an experiential workshop, designed to get you to think about the two ideas of confidence and self-esteem. The aim of the workshop is to enhance your sense of self so that you can use your unique abilities in the world.

Moon Cycles – “Living in tune with the cycles of the moon.”

A series of workshops designed to give you an understanding of the moon cycles and how this knowledge can be employed to assist you in your everyday expression.

About Claudia

Claudia is a BA (Hons) Graduate in English and Italian (1995).

She has a wide experience of working in both the private and public sectors in a variety of Administration roles; as a manufacturing Entrepreneur and as a Translator/Interpreter.

Claudia's journey into the crystal kingdom began some years ago during a period of serious illness. She was given some crystals to help ease neuralgic pain in her face and neck area. The effect was instantaneous, and she knew that she wanted to discover more about crystals as a healing tool.

She began to read and research crystals and gave initial healing sessions to family and friends. After a few sessions, Claudia discovered that she had the ability to talk about and discuss crystals, and decided to develop herself and others in open crystal groups.

The Crystal Gateway beginners course is a culmination of many years of self study and experiential healing sessions.

Claudia's inspiring, empowering, focused, workshops are held in a fun, friendly, supportive environment.

AnamSound

Introduction to Healing with Crystals Colour and Sound

CLAUDIA VAN BUREN



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